



Camp Good Grief 2026

Guiding grieving hearts

A program of IU Health

For children ages 6 – 16 who have lost someone special

After the death of a loved one, kids often think...

- They won't feel good again
- No one understands
- Parents and other adults may be distracted by their own grief and can't help
- There is no other young person to talk to who has lost someone special

Camp Good Grief can help with these feelings, emotions and thoughts. Through art, music and play, campers will connect with others experiencing loss, learn positive coping skills and how to preserve memories and honor loved ones.

Details:

Saturday, Sept. 19, 2026 | 8:45 am – 12:45 pm
Indiana University Hilltop Garden and Nature Center
2367 E. 10th St. | Bloomington, IN 47408
Lunch will be provided.

For more information and registration:

If you have any questions or need assistance, please call the Camp Good Grief Team at **812.545.2970** or email **scrcampgoodgrief@iuhealth.org**. Participation is **free** and limited to 45 campers. Registration deadline is Sept. 7, 2026.



To register, please scan the QR code to the left and complete the registration form.



Indiana University Health